

# maintaining a healthy voice



WHAT THE VOICE COMMUNITY  
HAS SAID ABOUT GARYTH NAIR

“After carefully studying your excellent book with great interest and giving frequent recommendations to read this book to my students, I want to say that in my opinion your book forms a well-made bridge between ‘singers’ and ‘scientists.’”

*Dr. Berit Schneider, Otolaryngologist and singer, Vienna, Austria*

“Congratulations, it’s one of the best books I’ve seen and I just started to read it.”

*Branko Stark, voice teacher and researcher, Zagreb, Croatia*

“This book is a fantastic “how-to” on the use of technology in the voice studio, and a fascinating treatise on the need for cooperation between speech pathologists and vocal pedagogues (teachers of singing). Using comprehensive examples, step-by-step methodology, and a wonderful multimedia CD-ROM, Nair makes this material accessible to everyone – even the computing novice. The writing can be somewhat informal and a bit too familiar at times, but it gets results. I’ve employed these methods in my own studio, and can vouch for the new depth that this visual stimulus can bring to the studio.”

“Garyth Nair’s new book, *Voice Tradition and Technology: A State-of-the-Art Studio*, stands out as a milestone in the interdisciplinary evolution of vocal art and science ... practical integration of new knowledge into musical training. As such, it also holds an important place in the evolution of voice pedagogy literature. Through the eyes of an enlightened, experienced voice pedagogue, this book synthesizes in simple terms many of the latest findings of voice science and medical research and teaches the reader how to apply them in a practical, accessible in the studio, way in order to enhance (not replace) traditional voice training.”

*Robert T. Sataloff, MD, noted Otolaryngologist and author of Professional Voice: The Science and Art of Clinical Care*

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*Beginning singer  
Teacher  
Public speaker  
Experienced or mature singer  
Physician*  
ANYONE who uses the voice can benefit!

the  
NEWEST MEDICAL  
AND SCIENTIFIC  
APPROACHES TO  
VOCAL WELLNESS

# maintaining a healthy voice

A SEMINAR FOR ANYONE WHO DEPENDS ON THE VOICE  
*Singers, Actors, Voice Teachers, Choral Directors & Medical Professionals*

PRESENTED BY



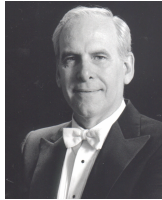
Saturday, April 6, 2002 • 1:00 - 4:30 PM  
Drew University • Madison, New Jersey

THIS SPECIAL EVENT IS PROUDLY SPONSORED BY:



# maintaining a healthy voice

## THE PRESENTER



DIRECTOR OF VOCAL ACTIVITIES, DREW UNIVERSITY  
 DIRECTOR OF LABORATORY FOR APPLIED SPECTROGRAPHY IN THE STUDY OF SINGING  
 EDITORIAL BOARD OF THE *Journal of Voice*  
 AUTHOR OF *Voice-Tradition and Technology: A State-of-the-Art Studio*  
 MUSIC DIRECTOR AND CONDUCTOR, SUMMIT CHORALE

GARYTH NAIR HAS BEEN TEACHING AND RESEARCHING THE HUMAN SINGING voice for over 30 years. He is Associate Professor of Music at Drew University in Madison, N.J. where he conducts the Chorale and the Orchestra and is Director of Vocal Activities.

With his formation of the Laboratory for Applied Spectrography in the Study of Singing at Drew University, Professor Nair began extensive research into the use of spectrographic technology as feedback in the teaching of singing and the training of speech. With the 1999 publication of his acclaimed book, *Voice – Tradition and Technology*, Nair has been in demand worldwide at workshops and symposia to give papers and teach about spectrography and voice wellness. He has become known for his ability to bring complex scientific and medical topics down to the layperson's level. Principle among his many appearances have been: the 2nd World Voice Congress (São Paulo, Brazil), XIII Pacific Voice Congress (San Francisco), presentation of workshops and papers at the Annual Symposium: Care of the Professional Voice (Philadelphia, 1998-2001), IV International Symposium, Vocal Arts Medicine and Voice Care (Salzburg, Austria) and the International Association of Logopedists and Phoniaticians (Montreal, Canada).

Garyth Nair works on the development of voice software as well. He has been on the development team for VoceVista (spectrographic software developed at the University of Groningen, Netherlands) and has developed two new programs in the lab at Drew University, **SpeechPitch** and **MatchPitch**. **SpeechPitch** was developed in conjunction with the internationally acclaimed speech language pathologist, Dr. Mara Behlau of São Paulo, Brazil.

Nair's activities in the voice wellness field include numerous workshops and seminars as well as an article in the *Journal of Singing*, *Introducing Vocal Pharmacology to the Drew University Health Services*, an article on up-to-date use of medications, both prescription and OTC, in the treatment of dysphonia.

Nair is currently working on two new books, *Voice Craft* (a one-semester voice class text for college students) and *Recital!* (a handbook of recital production).

In addition to his work in the field of voice science, Mr. Nair is widely known as the music director and conductor of one of New Jersey's premier vocal ensembles, Summit Chorale.

## THE PROGRAM

- 12:30 – 1:00 Registration
- 1:00 – 2:00 How does the voice work?
- 2:15 – 3:15 My voice doesn't work...What should I do?
- 3:30 – 4:30 Preventive maintenance for the long run

Professor Nair will employ slides, films, recorded examples, and live demonstrations during the afternoon. Handouts will be available and there will be a table at which interested people can purchase Nair's book as well as other voice and speech texts recommended during the course of the lecture.

## LOCATION

Baldwin Gymnasium in the Simon Forum  
 Drew University, 124 Madison Avenue (Route 124)  
 Madison, NJ (*Handicapped Accessible*)

## DIRECTIONS & INFORMATION

phone 908-665-1871 [www.summitchorale.org](http://www.summitchorale.org)  
 e-mail: [seminar@summitchorale.org](mailto:seminar@summitchorale.org)

The Drew University campus is located 1/2 mile west of the center of Madison, NJ on Route 124. Enter the campus at the traffic light at Lancaster Road (*University and NJ Shakespeare Festival signs*). Proceed through a long parking lot, where parking is permitted, to the Simon Forum, which is at the end of this lot.

## FEES AND REGISTRATION

### Fees:

- \$25 advance registration by March 30  
Includes materials packet  
*Registration at the door \$5 additional*
- \$20 Drew University faculty & staff (with ID)
- Drew University students free
- \$10 Other students with valid ID
- \$20 Members of Classical NJ Society  
(with CNJS Journal mailing label)

### Registration:

Make check payable to Summit Chorale and mail, together with this form, to:  
 Summit Chorale, PO Box 265, Summit, NJ 07902-0265.

*Reservations will be held at the door. No tickets will be mailed*

Name.....

Address.....

City.....St..... Zip.....

Phone.....E-mail.....

Your vocal involvement:.....

.....

Check enclosed in the amount of \$.....

